



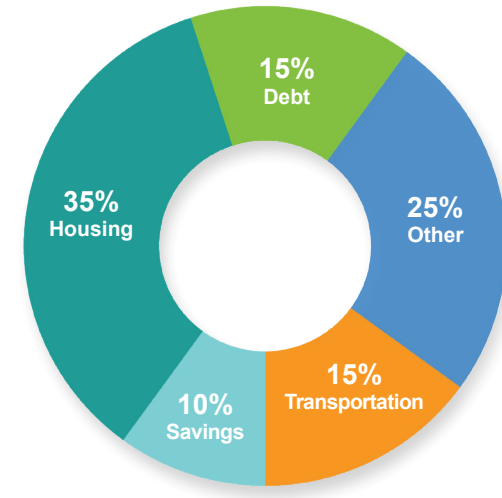
FRITTER FINDER

Ever wonder where all of your money goes? The Fritter Finder can help you track your spending. Using the chart below, jot down your daily expenses. At the end of the week, you'll know where all those "lost" dollars are hiding. Best of all, you can use the funds you currently fritter away to increase savings, pay off bills or buy something special. (Our Suggested Budget Guidelines represents a nationwide guideline for a balanced budget, and can help you decide how to best spend the money).

Our goal at BALANCE is to provide you with the resources you need to take control of your finances. We can help you master your money.

Fritter Finder Instructions: For one week, carry the Fritter Finder in your wallet or purse and track where you spend your money. Write down everything you buy from the 25¢ newspaper to the \$1 bagel. The object is to track where every penny goes. At the end of the day add your totals at the bottom. Then at the end of the week add your daily totals to figure out your expenses for the week.

Suggested Budget Guidelines



Cut here, fold and carry with you

Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
Item	Cost	Item	Cost	Item	Cost	Item	Cost	Item	Cost	Item	Cost	Item	Cost
Daily Total:		Daily Total:		Daily Total:		Daily Total:		Daily Total:		Daily Total:		Daily Total:	

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Weekly Total: